



PATIENT HEALTH QUESTIONNAIRE
Welcome to our office!

Name _____ Date _____

Address _____ City _____ State _____ Zip _____

Contact Phone _____ Email _____

Age _____ Birthdate _____ Sex _____ Marital Status _____ Children _____

Occupation _____ Referred by _____

If you are not retired, a homemaker or a student, what is your current work status? _____

Describe your symptoms: _____

When did your symptoms start? _____

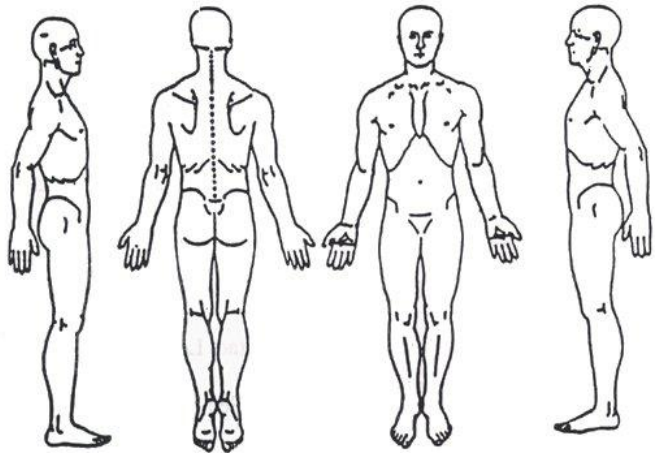
HOW did your symptoms begin (i.e., Auto, Trip, Fall, Posture, Unknown, Other) and WHEN did they begin?

Have you ever experienced this problem before? Y ___ N ___ If yes, when: _____

How often do you experience your symptoms?

- 1 Constantly (76 - 100% of the day)
2 Frequently (51-75% of the day)
3 Occasionally (26-50% of the day)
4 Intermittently (0-25% of the day)

Indicate where you have pain or other symptoms:



What describes the nature of your symptoms?

- 5 Sharp 8 Shooting
6 Dull ache 9 Burning
7 Numb 10 Tingling

How are your symptoms changing?

- 11 Getting better
12 Not Changing
13 Getting Worse

What is the severity of the above-mentioned problems?

Mild 1 2 3 4 5 6 7 8 9 10 Severe

Relieving Factors: ___ Rest ___ Exercise ___ Bracing ___ Sitting ___ Standing ___ Lying ___ Heat ___ Ice ___ Baths

Other: _____

Aggravating Factors: ___ Coughing ___ Sneezing ___ Lifting ___ Bending ___ Sitting ___ Reaching ___ Standing

___ Walking ___ Running ___ Driving ___ Pushing ___ Other: _____

Patient Name _____ Date _____

For each of the conditions listed below, place a check in the Past column if you have had the condition in the past. If you presently have a condition listed below, place a check in the Present column.

- | <i>Past</i> | <i>Present</i> | | <i>Past</i> | <i>Present</i> | | <i>Past</i> | <i>Present</i> | |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|-----------------------------|----------------------------|--------------------------|-----------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | Headaches | <input type="checkbox"/> | <input type="checkbox"/> | High Blood Pressure | <input type="checkbox"/> | <input type="checkbox"/> | Diabetes |
| <input type="checkbox"/> | <input type="checkbox"/> | Neck Pain | <input type="checkbox"/> | <input type="checkbox"/> | Heart Attack | <input type="checkbox"/> | <input type="checkbox"/> | Excessive Thirst |
| <input type="checkbox"/> | <input type="checkbox"/> | Upper Back Pain | <input type="checkbox"/> | <input type="checkbox"/> | Chest Pains | <input type="checkbox"/> | <input type="checkbox"/> | Frequent Urination |
| <input type="checkbox"/> | <input type="checkbox"/> | Mid Back Pain | <input type="checkbox"/> | <input type="checkbox"/> | Stroke | <input type="checkbox"/> | <input type="checkbox"/> | Smoking/Use Tobacco Product |
| <input type="checkbox"/> | <input type="checkbox"/> | Low Back Pain | <input type="checkbox"/> | <input type="checkbox"/> | Angina | <input type="checkbox"/> | <input type="checkbox"/> | Drug/Alcohol Dependence |
|
 | | | | | | | | |
| <input type="checkbox"/> | <input type="checkbox"/> | Shoulder Pain | <input type="checkbox"/> | <input type="checkbox"/> | Kidney Stones | <input type="checkbox"/> | <input type="checkbox"/> | Allergies |
| <input type="checkbox"/> | <input type="checkbox"/> | Elbow/Upper Arm Pain | <input type="checkbox"/> | <input type="checkbox"/> | Kidney Disorders | <input type="checkbox"/> | <input type="checkbox"/> | Depression |
| <input type="checkbox"/> | <input type="checkbox"/> | Wrist Pain | <input type="checkbox"/> | <input type="checkbox"/> | Bladder Infection | <input type="checkbox"/> | <input type="checkbox"/> | Systemic Lupus |
| <input type="checkbox"/> | <input type="checkbox"/> | Hand Pain | <input type="checkbox"/> | <input type="checkbox"/> | Painful Urination | <input type="checkbox"/> | <input type="checkbox"/> | Epilepsy |
| | | | <input type="checkbox"/> | <input type="checkbox"/> | Loss of Bladder Control | | | |
|
 | | | | | | | | |
| <input type="checkbox"/> | <input type="checkbox"/> | Hip/Upper Leg Pain | <input type="checkbox"/> | <input type="checkbox"/> | Prostate Problems | <input type="checkbox"/> | <input type="checkbox"/> | Dermatitis/Eczema/Rash |
| <input type="checkbox"/> | <input type="checkbox"/> | Knee/Lower Leg Pain | <input type="checkbox"/> | <input type="checkbox"/> | Abnormal Weight Gain/Loss | <input type="checkbox"/> | <input type="checkbox"/> | HIV/AIDS |
| <input type="checkbox"/> | <input type="checkbox"/> | Ankle/Foot Pain | <input type="checkbox"/> | <input type="checkbox"/> | Loss of Appetite | <input type="checkbox"/> | <input type="checkbox"/> | Ulcer |
| <input type="checkbox"/> | <input type="checkbox"/> | Jaw Pain | <input type="checkbox"/> | <input type="checkbox"/> | Abdominal Pain | <input type="checkbox"/> | <input type="checkbox"/> | Hepatitis |
| <input type="checkbox"/> | <input type="checkbox"/> | Joint Swelling/Stiffness | <input type="checkbox"/> | <input type="checkbox"/> | Liver/Gall Bladder Disorder | <input type="checkbox"/> | <input type="checkbox"/> | Cancer |
|
 | | | | | | | | |
| <input type="checkbox"/> | <input type="checkbox"/> | Arthritis | <input type="checkbox"/> | <input type="checkbox"/> | Tumor | <u>FEMALES ONLY</u> | | |
| <input type="checkbox"/> | <input type="checkbox"/> | Rheumatoid Arthritis | <input type="checkbox"/> | <input type="checkbox"/> | Asthma | <input type="checkbox"/> | <input type="checkbox"/> | Birth Control Pills |
| <input type="checkbox"/> | <input type="checkbox"/> | General Fatigue | <input type="checkbox"/> | <input type="checkbox"/> | Chronic Sinusitis | <input type="checkbox"/> | <input type="checkbox"/> | Hormonal Replacement |
| <input type="checkbox"/> | <input type="checkbox"/> | Muscular Incoordination | <input type="checkbox"/> | <input type="checkbox"/> | Dizziness | <input type="checkbox"/> | <input type="checkbox"/> | Pregnancy |
| <input type="checkbox"/> | <input type="checkbox"/> | Visual Disturbances | | | | <input type="checkbox"/> | <input type="checkbox"/> | Menstrual Issues |

Additional information regarding the above: _____

Indicate if an immediate family member has had any of the following:
___ Rheumatoid Arthritis ___ Heart Problems ___ Diabetes ___ Cancer ___ Lupus ___ Other: _____

List all prescription and over-the-counter medications, and nutritional/herbal supplements you are taking:

List all the surgical procedures you have had and times you have been hospitalized: _____

Name of Insurance Company _____ Policy No. _____
Address _____

Patient Signature: _____ Date: _____

Doctor's Additional Comments:

Doctor's Signature: _____ Date _____